Organization

The Study Group for Nutritional Research (*Arbeitskreis für Ernährungsforschung: AKE*) is a non-profit organization with approximately 450 members. It was founded in 1970 by the medical doctor Udo Renzenbrink in order to research and disseminate information on the essentials of holistic and ecological nutrition. The Study Group works independently and does not pursue economic gain. We finance ourselves through member dues and donations. The basis of our work is Anthroposophy. Our office is located in Bad Vilbel. Regional activities take place in the Rhein-Main area.

Board of Directors and Advisory Board



Dr. Petra Kühne, doctorate in agronomy, nutrition scientist, director of the Study Group for Nutritional Research (*AKE*), administrator, editor of the Nutrition Newsletter (*Ernährungsrundbrief*), articles in periodicals, seminar leader, book author, and member of the board of directors since 1993.



Judith Schake, diploma in nutrition science (FH), graduate of the professional school of bio-dynamic agriculture (Dottenfelderhof), co-director of the Study Group for Nutritional Research (*AKE*), public relations, organization of courses, author of articles for the Nutrition Newsletter, seminar teacher, member of the board of directors since 2019



Astrid Schmitt-Dossou, diploma in nutritional science (*Dipl. Oecotrophologin*) and skilled Demeter gardener, active as a teacher in adult education, author of articles for the Nutrition Newsletter, member of the board of directors since 2022

Advisory Board

The advisory board consults the board of directors on specific issues and meets several times per year.

Thomas Bischoff, Graduate in Nutritional Science and cook, many years of experience as Head Cook at a Waldorf school; course instructor. Member of the Advisory Board since 2010.

Dr. Isabell Hildermann, miller and agronomist, manager in a company of grain processing, in Advisory Board Member since 2017

Dr. Sönke Knop, Economist, lecturer and consultant specializing in corporate communications, hobby beekeeper, yoga teacher, advisory Board Member since 2026

Brigitte Kögler, Architectural draftsperson, graduate Engineer in Architecture, state certified childcare educator, Waldorf Early Childhood Educator and Waldorf Teacher, member of the Advisory Board since 2026

Renate Lendle, biologist, till 2021 office administrator on the board and seminar teacher, Member of the Advisory Board since 2000

Heidi Leonhard, Lecturer in Sustainable Cooking and Nutrition, Fermentation Specialist, Member of the Advisory Board since 2022

Marianne Nitsche, economist, childhood educator, subject specialist and contributing author to the Nutrition Newsletter, lecturer, in board director from 1996-2022, Member of the Advisory Board since 2022

Dr. Peter Stolz, chemist is the managing CEO of Kwalis, a research and test laboratory for the quality control of foodstuffs. Member of the Advisory Board since 2001