

Organization

The Study Group for Nutritional Research (*Arbeitskreis für Ernährungsforschung: AKE*) is a non-profit organization with approximately 450 members. It was founded in 1970 by the medical doctor Udo Renzenbrink in order to research and disseminate information on the essentials of holistic and ecological / organic nutrition. The Study Group works independently and does not pursue economic gain. We finance ourselves through member dues and donations. The basis of our work is Anthroposophy. Our office is located in Bad Vilbel. Regional activities take place in the Rhein-Main area.

Board of Directors and Advisory Board



Dr. Petra Kühne, doctorate in agronomy, nutrition scientist, director of the Study Group for Nutritional Research (*AKE*), administrator, editor of the Nutrition Newsletter (*Ernährungsrundbrief*), articles in periodicals, seminar leader, book author, and member of the board of directors since 1993.



Judith Schake, diploma in nutrition (FH), graduate of the professional school of biodynamic agriculture (Dottenfelder Hof), administrator of the board, public relations, organization of courses, author of articles for the Nutrition Newsletter, seminar teacher, member of the board since 2019



Astrid Schmitt-Dossou, diploma in nutritional science (*Dipl. Oecotrophologin*) and skilled Demeter gardener, active as a teacher in adult education, author of articles for the Nutrition Newsletter, member of the board of directors since 2022

Advisory Board

The advisory board advises the board of directors on specific issues. The board of directors and the advisory board meet to exchange ideas and discuss specific topics.

Thomas Bischoff, diploma in nutritional science (*Dipl. Oecotrophologe*) and is a trained cook. He heads a Waldorf School kitchen for special needs and learning-disabled students.

Isabell Hildermann, miller and agronomist, completed the AKE advanced certificate program „Anthroposophical Nutrition“.

Renate Lendle, diploma in biology, till 2021 office administrator on the board and seminar teacher

Heidi Leonhard, a former Waldorf School teacher, lectures on and teaches sustainable cooking and nutrition, is an avid fermenter, completed the AKE advanced certificate program „Anthroposophical Nutrition“

Marianne Nitsche, diploma in economics, child care educator in a nursery school, subject specialist and contributing author to the Nutrition Newsletter, lecturer

Dr. Peter Stolz, chemist is the managing CEO of Kwalis, a research and test laboratory for the quality control of foodstuffs.