

Study groups

Members of the AKE, friends and experts come together on a regular basis to discuss diverse subjects.

Study group „Nutrition and Cultivated Plants”

This expert group engages in current and fundamental issues in the area of nutrition. At each meeting, the group discusses an anthroposophic lecture and a current topic. In addition to this, comparative taste tests are carried out. The topics last year were nutrition and health, wild fruits as cornel cherry, elder and blackthorn.

6 meetings per year in Bad Vilbel

Colloquium „Food perceiving”

This study group engages with the background of research and the Perceiving of food. To this belongs the observing with all senses, clarifying epistemic terms and work on basic literature. There are three meetings per year in Bad Vilbel.

2/18