

Goals of the AKE

From the by-laws of the Study Group for Nutritional Research (AKE)

The goal of the Study Group is the promotion of nutritional research and dietetics embracing man as a whole. This includes examining nutrition and preventative health care in its relevance to human development, and making this information available to the public through publications. The foundation for this is based on the anthroposophic texts and lectures of Rudolf Steiner on nutritional science, medicine and the social sciences. The aim of the research is a comprehensive vision and application of food quality through holistic methods as it applies to anthroposophic thought. These objectives are realized through:

- Initiation, implementation and support for research projects
- Attainment of expert knowledge
- Development of nutritional concepts and recommendations
- Clarification and distribution of information about food processing and additives (“food biographies”)
- Publication of a nutrition journal and supporting articles
- Production of events and collaboration with institutes in the furthering of a health movement
- Creating, carrying out and supporting courses, seminars, schooling, day seminars and symposiums
- Collecting donations for institutes and recognized non-profit organizations with similar goals

The organization follows entirely non-profit objectives inside and outside of Germany according to the tax code of 1977. The revenue and property of the organization may only be used for purposes as drawn out in the by-laws. The organization operates altruistically; its main purpose is not for internal financial gain. It is not set up for economic acquisition.

The members do not receive gratuities from the funds of the organization. Nobody is allowed to benefit through expenditures that are extraneous to the aims of the organization or to receive excessively high payments.